



LeAnn J Mandese, OD

I authorize Doctor Mandese to perform IPL™ treatments on me in an effort to improve Ocular Surface Disease/Meibomian Gland Dysfunction/ Dry Eye/ Rosacea / Telangiectasia

Other: _____

I understand that there is a rare possibility of side effects or serious complications including permanent discoloration and scarring. I am aware that careful adherence to all advised instructions will help reduce this possibility.

I understand the below list of short-term effects and agree to follow matching guidelines:

Flaking of pigmented lesions – crusts may take 5 to 10 days to disappear and it is important not to manipulate or pick which may otherwise lead to scarring

Discomfort – during the procedure, I might experience a sensation similar to a rubber band snap which degree will vary per my skin condition and area sensitivity but that does not last long. A mild “sun-burn” sensation may follow for typically up to one hour and will be reduced with application of cooling and soothing creams.

Reddening and swelling – severity and duration depend on the intensity of the treatment and the sensitivity of the area to be treated. These phenomena may be reduced with application of cooling and/or inflammatory creams.

Bruising may rarely occur and may last up to 2 weeks.

I understand that sun exposure or tanning of any sort is not aligned with the pre and/or post-care instructions and may increase the chance for complications

The procedure as well as potential benefits and risks have been thoroughly explained to me and I have had all my related questions answered

Pre and post-care instructions have been discussed and are completely clear to me

I understand that results may vary with each individual and acknowledge that it is impossible to predict how I will respond to the treatment and how many sessions will be required

I consent to photographs being taken for the purpose of documenting my progress and response to the treatment and be kept solely in my medical record

I consent to photographs being used for medical education or publication with applied discretion and not revealing my identity

I agree to review the following IPL™ Pre & Post Treatment compliance checklist along with my Physician and bring accurate and updated data, to the best of my knowledge.

Skin type of the area to be treated: I II III IV V VI (**please check box that coordinates with Skin Assessment**)

Natural or artificial sun exposure in the past 3-4 weeks pre-op or the following 3-4 weeks post-op plan

NO _____ YES _____

Use of self-tanners or tan enhancer caps within the past 3-4 weeks pre-op plan

NO _____ YES _____

Photosensitive herbal preparations (St John's Wort, Ginkgo Biloba, etc...) or aromatherapy (essential oils)

NO _____ YES _____

Diseases which may be stimulated by light at 515 nm to 1200 nm, such as history of Systemic Lupus Erythematosus or Porphyria

NO _____ YES _____

Pregnant or possibility of pregnancy, postpartum or nursing

NO _____ YES _____

Inflammatory skin conditions (dermatitis, active acne, etc...)

NO _____ YES _____

Presence or history of active cold sores or herpes simplex virus

NO _____ YES _____

HIV

NO _____ YES _____

Active cancer (currently on chemotherapy or radiation)

NO _____ YES _____

Previous skin cancer?

NO _____ YES _____

Medical history of keloids

NO _____ YES _____

Intake of isotretinoin within the past year

NO _____ YES _____

Medical history of Koebnerizing isomorphic diseases (vitiligo, psoriasis)

NO _____ YES _____

Any known allergy?

NO _____ YES _____ if yes allergic to _____

Any tattoo and/or pigmented lesion on requested treatment area that should be protected?

NO _____ YES _____ please explain _____

PATIENT NAME (Please Print) _____

PATIENT SIGNATURE _____

DATE _____

(FOR OFFICE USE ONLY)

WITNESS SIGNATURE _____

DATE _____